

**Bremer County Board of
Health
415 East Bremer Avenue
Waverly, IA 50677
(319) 352-0130**

The Bremer County Board of Health regular meeting was called to order by Chair Sally Yungtum at 6:30 PM on January 14, 2026. The meeting was held at the Bremer County Health Department located at 403 3rd Street SE. in Waverly.

The board of health members present were Dr. Courtney Bochmann, Amanda Gesme, Dewey Hildebrandt, Dr. Joe Sampson, and Sally Yungtum. Kayden Johnson and Lindley Sharp were also in attendance.

Motion by Hildebrandt, seconded by Dr. Bochmann, to approve the January 14, 2026, agenda. The motion carried unanimously.

Motion by Hildebrandt, seconded by Dr. Bochmann, to approve the minutes from the November 12, 2025, regular meeting. The motion carried unanimously.

Yungtum opened the discussion for the election of the 2026 Board of Health Chair and Contingent Chair. Yungtum asked if there was interest from the other board members in serving as Chair or Contigent Chair. With no interest, Yungtum asked Dr. Bochmann if he was willing to continue as the Contingent Chair. With no interest, Dr. Bochmann agreed to continue in the role with Yungtum stating she would stay on as Chair. Motion by Hildebrandt, seconded by Dr. Sampson, to elect Yungtum as Bremer County Board of Health Chair and Dr. Bochmann as Contingent Chair. The motion carried unanimously.

No public comment was received; however, Gesme introduced Kayden Johnson, a Wartburg College Social Work student who was interning with her and present at the meeting to gain community experience.

Sharp provided a departmental update covering the period of November 1 through December 31, 2025. The update included information on the Rural Health Transformation Program, radon kit distribution, communicable disease investigations, vaccines administered, community events attended, program activities, and updates on public health contracts.

Sharp provided a budget and financial update covering July through December 2025. Motion by Dr. Bochmann, seconded by Dr. Sampson, to accept the budget and finances report as presented. Motion carried unanimously.

Sharp presented to the board the delegation of signatory authority needed for calendar year 2026 for the Local Public Health Services contract. Motion by Hildebrandt, seconded by Gesme, to authorize Lindley Sharp as the signatory authority for the FY26 Local Public Health Services contract. The motion carried unanimously.

Sharp presented the Fiscal Year 2027 Bremer County Health Department Budget. The budget included estimated expenses of \$232,188, which included \$160,524 in employee wages (accounting for a 2.8% cost of living wage increase for the two department employees), \$38,102 in employee benefits, and \$33,562 in non-payroll expenses. The revenue portion of the budget included a \$124,916 request from the Bremer County general fund and \$108,210 in funding from State of Iowa grants and other miscellaneous reimbursements. Motion by Gesme and second by Dr. Sampson to recommend the budget as presented to the Bremer County Board of Supervisors. The motion carried unanimously.

Sharp presented the Fiscal Year 2027 new programming proposals and program sunseting recommendations to the board. The first proposal was a non-certificate Life-Saving Skills Initiative, designed to provide essential education and hands-on practice in hands-only CPR, AED awareness, choking response, basic first aid, Stop the Bleed, and overdose response. The course would run 60–120 minutes. Sharp explained that the program's

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goals are to increase bystander CPR, first aid, and bleeding-control intervention rates; reduce time-to-first-action in cardiac, trauma, and overdose events; and strengthen overall community readiness. Sharp also outlined a preliminary implementation timeline, noted upcoming grant applications for updated training equipment, and shared the intention to launch the program in fall FY27. Board members responded positively and felt the program would likely be well received. Dr. Bochmann asked whether a participant fee or materials fee could be applied, which Sharp said could be explored.

The second new program proposal was to reintroduce community health screenings. Sharp explained that screenings would be offered alongside foot clinics when the public health nurse is already in community settings. Services would include weight and BMI measurements, blood pressure checks, and potentially radon kit distribution/education and health education materials.

Sharp then requested approval to discontinue the Diabetes Prevention Program (DPP) and the Durable Medical Equipment Loan Closet beginning July 2026. Sharp noted that DPP enrollment is no longer sufficient to sustain program delivery and that the loan closet has experienced declining use. Additionally, much of the equipment on hand has aged and is no longer safe for use.

Board Actions

- No motion was offered for the Life-Saving Skills Initiative. The board requested additional information and will consider the proposal at the next meeting.
- A motion was made by Dr. Sampson and seconded by Gesme to approve the FY27 Health Screening Program. The motion carried unanimously.
- A motion was made by Dr. Bochmann and seconded by Dr. Sampson to sunset the Diabetes Prevention Program. The motion carried unanimously.
- A motion was made by Hildebrandt and seconded by Dr. Bochmann to sunset the Durable Medical Equipment Loan Closet. The motion carried unanimously.

The next regular Board of Health meeting will be held on March 4, 2026, at 6:30 PM at the Bremer County Health Department office located at 403 3rd St. SE, Waverly, IA 50677.

Gesme moved to adjourn the meeting at 8:15 PM. Hildebrandt seconded the motion, which carried unanimously.

Respectfully Submitted,

Lindley Sharp

Lindley Sharp, Secretary